



AUGUST 2026 EVENT & PROGRAM CALENDAR

Auburn Senior Community Center | 48 Pettengill Park Road
 Register online at secure.rec1.com/ME/auburn-me/catalog
 or call the Auburn Rec Dept at 333-6611



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
■ = Auburn Recreation Program				♦ = Age-Friendly Committee Event ⌘ = 1 st Auburn Senior Citizens Meeting ϕ = New Auburn Seniors Meeting ◆ = Robin Dow Meeting The above programs are independent of Rec Programs		1
2	3 ϕ = New Auburn Seniors Meeting ■ Diamond Art Cards (after bingo 2:30pm)	4 ■ Yoga For Balance 3pm ■ Pizza and Paint 12pm	5 ⌘ = 1 st Auburn Senior Citizens Meeting ■ Montsweag Flea Market Shuttle 9am	6 ■ Chair Yoga 1:30pm ■ Adult Craft Night	7 ■ Drop-In Day 9-12 ■ Sunshine Club 10am ■ Community Mural PAINT PARTY! 10am	8
9	10 ϕ = New Auburn Seniors Meeting	11 ■ Mystery Breakfast 7:30am ■ Crafting with Nancy 1pm ■ Yoga For Balance 3pm ♦ Age-Friendly Mtg 5:30PM	12 ◆ = Robin Dow Meeting ■ Maine Jewish Museum in Portland 1pm	13 ■ Camden Windjammer Day Sail 10:15am ■ Chair Yoga 1:30pm ■ Adult Craft Night	14 Closed – No Rec Programs	15
16	17 ϕ = New Auburn Seniors Meeting	18 ♦ Age-Friendly Event 10am ■ Yoga For Balance 3pm	19 ⌘ = 1 st Auburn Senior Citizens Meeting	20 ■ Chair Yoga 1:30pm ■ Adult Craft Night	21 ■ Drop-In Day 9-12 ■ Card Crafting w/Corrine 10am ■ Book Club 10am	22
23	24 ϕ = New Auburn Seniors Meeting ■ Snowpond Cruise 9am (rain date 9/1)	25 ■ Matter of Balance • Offered by SeniorsPlus 10am ■ Yoga For Balance 3pm	26 ◆ = Robin Dow Meeting ■ Christmas in August Diamond Art 2:30pm	27 ■ Coffee Talk 8am ■ Chair Yoga 1:30pm ■ Adult Craft Night ■ The Amazing Acro-Cats in Portland 5:45pm	28 Closed – No Rec Programs	29
30 ■ Heat Wave: The Linda Ronstadt Experience at Good Theater 12:45pm	31 ϕ = New Auburn Seniors Meeting ■ National East Outside Day Lunch Shuttle 11:00am					

Date	Time	Cost	Description
Monday, August 3	9:00 AM – 3:00 PM	\$10.00 annual	New Auburn Seniors Meeting - Doors open at 9:00am with the meeting starting at 11:00am, Bingo to follow. Meetings are cancelled if Auburn schools are closed for weather (this includes remote learning).
Monday, August 3	2:30 PM – 4:30 PM after bingo	Free	Diamond Art Cards Join us at the Auburn Senior Community Center to make a fun diamond art card. There will be different ones to decorate in diamond art, it will be a surprise which one you get. Pre-registration is required. This is an in-house program, not for pick up and take home. Max 12. Pre-registration is required.
Tuesday, August 4	12:00 PM – 3:00 PM	\$6.00	Pizza and Paint- Join us at the Auburn Senior Community Center for a pizza lunch (pizza, chips, drinks) and paint (acrylic paint markets) a cute zippered case to take home and use. There will be different ones to decorate, it will be a surprise which one you get. Pre-registration is required. This is an in-house program, not for pick up and take home. Max 12. Pre-registration is required.
Tuesday, August 4	3:00 PM – 4:00 PM	\$12.00 drop-in fee	Yoga For Seniors: Balance - Join certified yoga instructor Emma Samson for this beginner-friendly class for seniors focusing on strength, mobility, and balance. Mindfulness and meditation throughout each class support stress-relief for participants. This class will involve the use of chair- and floor-based exercises, as well as standing poses, but the exercises can be adapted to meet the individual needs of each student. Min4/Maximum 15.
Wednesday, August 5	9:00 AM – 3:00 PM	\$10.00 annual	1st Auburn Meeting/Bingo. Doors open at 9:00 AM. Bingo is price per card, starts about noon. Bingo. Meetings are cancelled if Auburn schools are closed for weather (this includes remote learning).
Wednesday, August 5	9:00 AM – 1:00 PM	\$4 \$6 non-residents	Montsweag Flea Market Shuttle Discover the largest outdoor flea market in mid-coast Maine! Founded in the 1970s by Norma Scopino, Montsweag Flea Market is a nearly half-century-old tradition that brings locals and visitors together. Open during the summer months, this family-run market offers antiques, vintage finds, and unique curiosities for every taste and budget. With something new to discover each visit, it's no wonder Montsweag attracts crowds year after year. We will arrive at Montsweag Flea Market about 10am and shop until noon. Then we will head back home. This trip is limited to 12 people so we have room in the back of the bus for any purchases.
Thursday, August 6	1:30 PM – 2:30 PM	\$12.00 drop-in fee	Chair Yoga - Join instructor Emma Samson and learn the physical, mental, and emotional benefits of yoga while using a chair for support and stability through standing and seated poses. *Drop-In Fee is \$12.00: Minimum 4
Thursday, August 6	5:30 PM – 8:00 PM	Free \$2.00 weekly non-res	Thursday Adult Craft Night 5:30pm – The Auburn Senior Community Center will be open Thursday nights with plenty of space to work on your crafts. Bring your quilting, rug braiding, paper crafts or stamps and spend time with others in your community. Min: 4 /Max: 20 Pre-registration required.
Friday, August 7	9:00 AM – 12:00 PM	Free \$1 non-residents	Drop-in Day - Cribbage, Mahjong, crafts – you name it! The Auburn Senior Community Center will be open with complimentary coffee, tea and plenty of games and puzzles, or you can bring your own. Come get together with friends or make new ones.
Friday, August 7	10:00 AM – 11:30 AM	Free	Sunshine Club – Do you want to bring a little sunshine to community members living in assisted living centers? Join this lively group who work together to make floral arrangements to be delivered to local long-term care facilities. Pre-registration required.
Friday, August 7	10:00 AM – 1:00 PM	Free	Community Mural Tile PAINT PARTY! Second Time! Community Mural PAINT PARTY! - As part of Auburn's celebration of America's 250th birthday year, the city will be installing a beautiful community mural on the art wall on Main Street! The mural, entitled "Community Love" is comprised of more than 800 tiles that will fit together to create our mural. Here's where YOU come in. We need YOU to come and paint a 3x3 tile for this mural! All supplies will be provided. So all you artists, join us! Maximum 20. Pre-registration required. (come anytime, but leave yourself about an hour to paint)
Monday, August 10	9:00 AM – 3:00 PM	\$10.00 annual	New Auburn Seniors Meeting - Doors open at 9:00am with the meeting starting at 11:00am, Bingo to follow. Meetings are cancelled if Auburn schools are closed for weather (this includes remote learning).

Tuesday, August 11	7:30 AM – 10:00 AM	\$3 \$5 non-res	Mystery Breakfast Shuttle Let breakfast be a surprise! Sure, you may have been there before, but have you been with us!? Sign up for the social aspect and for the thrill of not knowing where the bus will take you. Pre-registration required. Min 8 /Max 14.
Tuesday, August 11	1:00 PM – 3:00 PM	\$8.00	Crafting with Nancy: Decorative Bowl with Fabric (Max 12)- Join us as Nancy guides us through a creative process to make a beautiful take home piece of art. This will be an onsite workshop offered here at the senior center. All necessary materials and instruction will be provided. Pre-registration is required. Min 8/Maximum 12
Tuesday, August 11	3:00 PM – 4:00 PM	\$12.00 drop-in fee	Yoga For Seniors: Balance - Join certified yoga instructor Emma Samson for this beginner-friendly class for seniors focusing on strength, mobility, and balance. Mindfulness and meditation throughout each class support stress-relief for participants. This class will involve the use of chair- and floor-based exercises, as well as standing poses, but the exercises can be adapted to meet the individual needs of each student. Min4/Maximum 15.
Wednesday, August 12	9:00 AM – 3:00 PM	\$10.00 annual	Robin Dow Seniors - Doors open at 9:00am with Directors meeting at 10:30, and bingo. Meetings are cancelled if Auburn schools are closed for weather (this includes remote learning).
Wednesday, August 12	1:00 PM – 4:00 PM	\$3 \$5 non-res	Maine Jewish Museum in Portland Come with us to visit the 100-year-old restored Etz Chaim Synagogue building in Portland's historic and trendy East End! Learn about Maine Jewish history, enjoy rotating art and photography exhibits by Jewish-connected Maine artists, or just take in the beauty and serenity of our established gardens with direct sight lines to the ocean! Pre-registration is required. Min 8 /Maximum 14.
Thursday, August 13	10:55 AM – 4:30 PM	\$78 \$80 non-residents	Camden Windjammer Sail - One of the top things to do in Camden... is to sail Maine's magnificent rocky coast on the elegant Appledore II. Feel like an adventurer from the 19th century while enjoying state-of-the-art accommodation on a modern windjammer. With wide decks, you can stroll and take in the sights without needing to duck the rigging. At only 49 passengers, there is abundant seating on which to make yourself comfortable for your intimate sail. If you always wanted to sail your own wooden ship, this is your chance. The crew welcomes your participation – offer to help raise the sails and take a turn at the wheel. The Appledore II is a hard working, seaworthy schooner. She has sailed around the world, docking at many harbors along the way. Twice a year, she still sails the Eastern seaboard between her two home ports of Camden, Maine and Key West, Florida. Ask your crew about her history, some have made this bi-annual 2,000 mile sailing trip. Our day sail on the Appledore II schooner departs from Bayview Landing, taking you out of Camden Harbor. Camden is often called the "jewel of the Maine coast" which becomes clear as you sail past the impressive lighthouse, Curtis Island Light, dating from 1836 and into Penobscot Bay. Considered to be one of the top cruising bays in the world, Penobscot Bay will amaze you with its uninhabited islands, wildlife and views of Camden Hills and other coastal mountains dropping off into the sea. During your Camden boat tour, look along the shore for Mount Battie, historic inns, and elegant summer mansions of the rich and famous with their million dollar yachts. Watch lobstermen hauling in their traps. On a typical day, you may see porpoises playing in the water, ospreys and eagles hunting for fish and even the occasional whale. Watch for seals sunning themselves on rocks and cute guillernots, cousins to puffins, with their bright red feet, wobbling as they walk along the rocky shoreline. Quench your thirst with cocktails, beer, wine and soft drinks, all available for purchase during your sailing cruise. As Camden Harbor comes back into view, relax and feel the wind sweep through your hair as your memorable sailing ship cruise draws to a close. Price includes transportation and sail. No refund unless your spot can be filled. Date: Thursday, August 13, 2026 sailing from 12:30 PM – 2:30 PM Food is not provided on board but feel free to bring along your own snack!
Thursday, August 13	1:30 PM – 2:30 PM	\$12.00 drop-in fee	Chair Yoga - Join instructor Emma Samson and learn the physical, mental, and emotional benefits of yoga while using a chair for support and stability through standing and seated poses. *Drop-In Fee is \$12.00: Minimum 4
Thursday, August 13	5:30 PM – 8:00 PM	Free \$2.00 weekly non-res	Thursday Adult Craft Night 5:30pm – The Auburn Senior Community Center will be open Thursday nights with plenty of space to work on your crafts. Bring your quilting, rug braiding, paper crafts or stamps and spend time with others in your community. Min: 4 /Max: 20 Pre-registration required.
Monday, August 17	9:00 AM – 3:00 PM	\$10.00 annual	New Auburn Seniors Meeting - Doors open at 9:00am with the meeting starting at 11:00am, Bingo to follow. Meetings are cancelled if Auburn schools are closed for weather (this includes remote learning).

Tuesday, August 18	10:30 AM	Free – all ages welcome	Age-Friendly Event 10:30am to 3pm Speaker at 11am, Lunch at 11:30 AM (pizza lunch) Movie at noon : Popcorn and water will be available
Tuesday, August 18	3:00 PM – 4:00 PM	\$12.00 drop-in fee	Yoga For Seniors: Balance - Join certified yoga instructor Emma Samson for this beginner-friendly class for seniors focusing on strength, mobility, and balance. Mindfulness and meditation throughout each class support stress-relief for participants. This class will involve the use of chair- and floor-based exercises, as well as standing poses, but the exercises can be adapted to meet the individual needs of each student. Min4/Maximum 15.
Wednesday, August 19	9:00 AM – 3:00 PM	\$10.00 annual	1st Auburn Meeting/Bingo. Doors open at 9:00 AM. Bingo is price per card, starts about noon. Food Auction / Bingo. Meetings are cancelled if Auburn schools are closed for weather (this includes remote learning).
Thursday, August 20	1:30 PM – 2:30 PM	\$12.00 drop-in fee	Chair Yoga - Join instructor Emma Samson and learn the physical, mental, and emotional benefits of yoga while using a chair for support and stability through standing and seated poses. *Drop-In Fee is \$12.00: Minimum 4
Thursday, August 20	5:30 PM – 8:00 PM	Free \$2.00 weekly non-res	Thursday Adult Craft Night 5:30pm – The Auburn Senior Community Center will be open Thursday nights with plenty of space to work on your crafts. Bring your quilting, rug braiding, paper crafts or stamps and spend time with others in your community. Min: 4 /Max: 20 Pre-registration required.
Friday, August 21	9:00 AM – 12:00 PM	Free \$1 non-residents	Drop-in Day - Cribbage, Mahjong, crafts – you name it! The Auburn Senior Community Center will be open with complimentary coffee, tea and plenty of games and puzzles, or you can bring your own. Come get together with friends or make new ones.
Friday, August 21	10:00 AM – 11:00 AM	Free	Card Making 101 with Corinne - August 2026 (Mastering Paper Cutters/All Occasion Cards)- Card Crafting with Corinne – This is an onsite (Auburn Senior Community Center) Hand-made card making workshop. All materials will be provided by the Senior Center. Feel free to bring your own card crafting supplies if you have them. August: Mastering Paper Cutters - Focus: Learn all about paper cutters. - Projects: Make a couple of cheat mats and create a beautiful all-occasion card. - Supplies: Please bring your own paper cutter and your favorite adhesive. If you do not have them, no worries—supplies will be provided. General Supply Notes - Having your own paper cutter and adhesive is encouraged but not required—extra materials will be available at each class. - Classes are designed to build your skills month by month, so attending regularly will maximize your learning. We look forward to seeing you in class and helping you create beautiful cards!
Friday, August 21	10:00 AM	Free	ASCC Summer Book Club Meet Me in Italy: A Novel by Brenda Novak Discussion Day!
Monday, August 24	9:00 AM – 3:00 PM	\$10.00 annual	New Auburn Seniors Meeting - Doors open at 9:00am with the meeting starting at 11:00am, Bingo to follow. Meetings are cancelled if Auburn schools are closed for weather (this includes remote learning).
Tuesday, August 25	3:00 PM – 4:00 PM	\$12.00 drop-in fee	Yoga For Seniors: Balance - Join certified yoga instructor Emma Samson for this beginner-friendly class for seniors focusing on strength, mobility, and balance. Mindfulness and meditation throughout each class support stress-relief for participants. This class will involve the use of chair- and floor-based exercises, as well as standing poses, but the exercises can be adapted to meet the individual needs of each student. Min4/Maximum 15.
Wednesday, August 26	9:00 AM – 3:00 PM	\$10.00 annual	Robin Dow Seniors - Doors open at 9:00am with Directors meeting at 10:30, and bingo. Meetings are cancelled if Auburn schools are closed for weather (this includes remote learning).
Wednesday, August 26	2:30 PM – 4:30 PM after bingo	Free	Christmas in Augsut Diamond Art Cards Join us at the Auburn Senior Community Center to make a Christmas themed diamond art card. There will be different ones to decorate in diamond art, it will be a surprise which one you get. Pre-registration is required. This is an in-house program, not for pick up and take home. Max 12. Pre-registration is required.
Thursday, August 27	8:00 AM – 9:30 AM	FREE	Coffee Talk with AARP – August 27 Emily Carrington, Auburn City Clerk With election season upon us, this month's presenter will talk about early voting, absentee voting and where to vote in Auburn. Additionally, ihe

			will provide some "behind the scenes" details about what happens after the polls close and how absentee ballots are tabulated. A light breakfast of coffee and pastries will be provided. This is offered in collaboration with AARP.
Thursday, August 27	10:30 AM – 1:00 PM	\$5.00	Thursday Craft and Lunch Series Jan 2025- Join us at the Auburn Senior Community Center on Thursday mornings to work on a supplied craft. These will be simple crafts, anyone can do! At about noon we will break for a soup lunch (there will be a choice between two). What better way to have some fun during the cold winter months. Pre-registration is required. Maximum 12 for each session.
Thursday, August 27	1:30 PM – 2:30 PM	\$12.00 drop-in fee	Chair Yoga - Join instructor Emma Samson and learn the physical, mental, and emotional benefits of yoga while using a chair for support and stability through standing and seated poses. *Drop-In Fee is \$12.00: Minimum 4
Thursday, August 27	5:30 PM – 8:00 PM	Free \$2.00 weekly non-res	Thursday Adult Craft Night 5:30pm – The Auburn Senior Community Center will be open Thursday nights with plenty of space to work on your crafts. Bring your quilting, rug braiding, paper crafts or stamps and spend time with others in your community. Min: 4 /Max: 20 Pre-registration required.
Thursday, August 27	5:45 PM returning about 10:00 PM (Show begins at 7pm)	\$30 \$35 non-residents (tickets prices would be \$48.74 if you went on your own)	The Amazing Acro-Cats in Portland This is a "luck of the draw" trip - will be drawn on 7/14/2026 The Amazing Acro-Cats, featured in the Netflix series Cat People, are coming to Portland! This troupe of trained house cats, all former orphans, rescues, and strays, give a one-of-a-kind, 90 minute purrformance that includes cats riding skateboards, jumping through hoops, ringing bells, balancing on balls, and performing other feats of agility and acrobatics. The show finale is the only all-cat band in the world: Tuna and the Rock Cats! The Rock Cats play guitar, drums, and piano, and they've been joined by the Jazz Cats on saxophone, trumpet, and clarinet. The Acro-Cats tour to support Rock Cats Rescue, a 501(c)(3) nonprofit organization. Rock Cats Rescue is focused on saving cats "One Click at a Time" through cat welfare, rescue, and adoption. The Acro-Cats show promotes the importance of bonding and training cats with positive reinforcement, while also finding homes for rescued cats. Rock Cats Rescue has found homes for hundreds of cats and kittens since 2009. In addition to being on Cat People, the Amazing Acro-Cats have been featured on national TV shows including The Late Show with Stephen Colbert, Animal Planet's Puppy Bowl, CBS News Sunday Morning, PBS Nova's "Cat Tales," and the worldwide top 10 streaming podcast "This Past Weekend" with Theo Von. A portion of all ticket sales will be donated to our local rescue partners. Be sure to stop by their table at the shows to learn how to help cats in your area! Pre-registration is required. Min 8 /Maximum 14. No refund unless your spot can be filled. Run Time: 2 hours partial ticket prices are being sponsored by the Fortin/Pinette Group to keep it affordable
Sunday, August 30	12:45pm returning by 5:00pm (show starts at 2pm)	\$26 \$28 non-residents	Heat Wave: The Linda Ronstadt Experience at Good Theater in Portland Registration opens 07/28/2026 Kelly Caufield and her band bring the songs of Linda Ronstadt to Stevens Square for three performances this summer. Heat Wave debuted last year, and we are thrilled to present this outstanding concert in its Portland debut. Covering Ronstadt's amazing career, you will hear everything from "Blue Bayou" to "When Will I Be Loved" to "You're No Good." All of your favorite songs from this singular artist are featured in this fantastic concert. Seating General Admission for all Main Stage shows Pre-registration is required. Min 8 /Maximum 14. No refund unless your spot can be filled
Monday, August 31	9:00 AM – 3:00 PM	\$10.00 annual	New Auburn Seniors Meeting - Doors open at 9:00am with the meeting starting at 11:00am, Bingo to follow. Meetings are cancelled if Auburn schools are closed for weather (this includes remote learning).
Monday, August 31	11:00 AM – 3:00 PM	\$3 \$5 non-res	National Eat Outside Day Lunch Shuttle Let's head out for National Eat Outside Day Lunch Shuttle! National Eat Outside Day is observed annually on August 31st. It is an unofficial holiday that encourages people to step away from indoor dining, enjoy the fresh air, and share a meal under the open sky. So that is exactly what we are doing! Pre-registration is required. Min 8 /Maximum 14



Looking for updates on programs – check us out on Facebook

- **Friends of the Auburn Senior Community Center**